

The Road To Recovery

With Chiropractic Care

Active Care

This includes Relief, Correction and Stabilization of a condition. This care requires frequent visits that reduce in frequency as the patient improves. In addition to the chiropractic adjustments, treatment during this phase of care usually requires additional services such as therapeutic modalities (EMS, massage and ultrasound) as well as rehabilitative exercises. A doctor-prescribed treatment plan is necessary during this care phase and treatment visits typically do not exceed 2 weeks. This is the only type of care that is considered by the insurance industry to be "medically necessary" and potentially covered by any insurance benefits.

Maintenance Care

This is meant to prevent future relapses and maintain the condition after active care has been completed. This is also known as Wellness or Preventative Care. This care requires periodic check-up visits in order to prevent future relapses and/or maintain the health status that was achieved during active care. Maintenance care visits are usually anywhere from 2 weeks to months between visits. The insurance industry determines maintenance/wellness/preventative chiropractic care to be "not-medically necessary" and therefore does not cover these types of visits. In comparison, oil changes and tune-ups are not covered by your automotive insurance, even though they are still necessary for proper vehicle maintenance.