

# Family Health Chiropractic, PC & Dr. Stacy Carlin

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[www.familyhealthchiropractic.net](http://www.familyhealthchiropractic.net)

Checking 2+ items in this list indicates primitive reflexes were not properly integrated & an evaluation and consultation is recommended. Call 319-232-5202 to schedule with Dr. Carlin.

## Tactile-

- Dislikes cuddling
- Is a picky eater
- Dislikes messy play/textures
- Dislikes tags on clothing
- Dislikes rigid clothing (tight fitting)
- Over-reacts to light touch
- Un-phased by rough play, bumps
- Does not do well in crowded, busy, or group situations: (i.e. malls, circle time, standing in lines)

## Smell-

- Exhibits excessive need to smell objects
- Dislikes strong smells
- Eats non-edible items (crayons, chalk, etc)
- Has odd allergies (sun, grass, etc)
- Prefers food with strong tastes

## Auditory-

- History of repeated ear infections
- Easily distracted by common noises (furnace, refrigerator etc)
- Unable to follow 2-3 verbal directions when given at once
- Oversensitive to sounds/noises
- Delayed speech development
- Oversensitive to sounds/ noises

## Visual-

- Sensitive to bright lights
- Unable to read/scan across page without losing place
- Has trouble coordinating eyes to follow a moving object or catch a ball
- Easily distracted with visual stimulation

## Vestibular-

- Unable to sit still; constant motion
- Hesitant moving over uneven surfaces; uneven ground
- Difficulty with balance
- Avoids play that involves movement
- Seems to fall frequently

## Proprioception-

- Frequently drops objects
- Exerts too little or too much pressure with objects
- Does not like to sleep with lights off
- Seems to tire easily
- Walks on toes
- Dislikes eyes being covered or eyes closed

## Social & Developmental

- Easily frustrated
- Does not like to play in groups
- Has difficulty with a change in routines
- Prefers to be alone

## Language & Developmental

- Little or no vocalizing, babbling by 1 year
- Uses three- word phrases
- Kicks ball (24+ Months)

## Self Regulation-

- Excessively irritable, fussy, or colicky
- Can't calm self by sucking on pacifier, playing with toys, or listening to caregiver; (10+ months)
- Dislikes change; can't change from one activity to another without distress